## **College of Applied Science**, **Puthuppally** NSS Unit No: 66 (IHRD Cell)

## **Report of the 7- day Special camp**

### Period : 23/12/2021 to 29/12/2021

## Venue : College of Applied Science, Puthuppally.

### Introduction

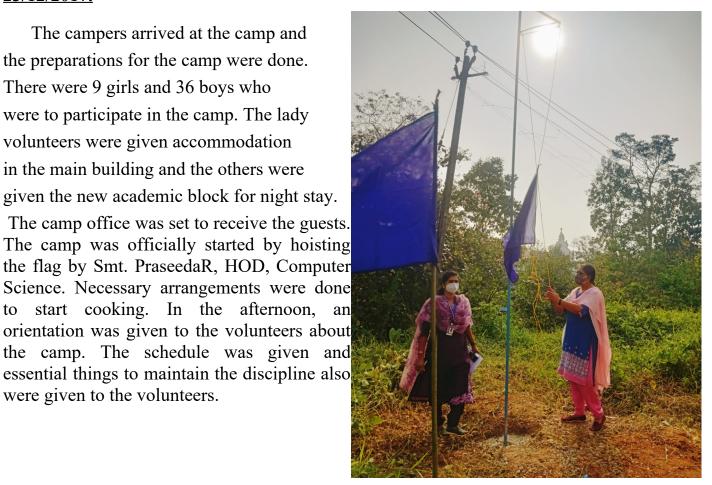
The special camp of the NSS unit was conducted at College of Applied Science, Puthuppally. The venue was proposed by considering the fact that due to COVID 19 pandemic, it would be safe to conduct the camp in the parent institution itself. The camp was named as "PUNARJANI 2021". The main objective of the camp was decided as "A step to zero waste campus". The task of cleaning the premises demanded good effort from the volunteers.

The major events in the camp can be summarized in the following daily report.

## <u>23/12/2017.</u>

The campers arrived at the camp and the preparations for the camp were done. There were 9 girls and 36 boys who were to participate in the camp. The lady volunteers were given accommodation in the main building and the others were given the new academic block for night stay. The camp office was set to receive the guests. The camp was officially started by hoisting the flag by Smt. PraseedaR, HOD, Computer Science. Necessary arrangements were done to start cooking. In the afternoon, an orientation was given to the volunteers about the camp. The schedule was given and

were given to the volunteers.



# 24/12/2017

The day started with the Yoga session led by Mr.YeduKrishna, our volunteer. Then camp paper was presented which was done perfectly. At 11 am a class on "Self Defence" was conducted by Smt Kshema NP, Senior Civil Police Officer. A technical session was conducted at 2 P M, by Sri. Dingu Sagar V K, Software Engineer, Bangalore. In the evening, volunteers started their field work by cleaning the campus. There was a cultural program by the volunteers in the evening. The camp went to sleep at 10:00 PM.



After the evening coffee and refreshment, the volunteers had a great experience on live cartoon work.

#### 25/12/2017

The Christmas day started with the morning Yoga. After breakfast the campers started their work on the creation of a garden in the campus. After lunch the volunteers had an excellent ice breaking session. The sessions was handled by Sri.Ajith P.C ASAP Trainer and motivator.



The Christmas celebration in the camp was started by Sri.Ajith P.C and followed by various cultural programs.

# 26/12/2017

The day started with the Yoga session. The morning assembly was conducted at 8:00 AM. The camp paper was presented .The thought of the day was delivered which was very thoughtful.

The official inauguration of the camp was done by Sri Oommen Chandy, MLA, Puthuppally, in a function presided by Sri K M Philip Panchayath member. Smt. Bindumol P T, Program Officer welcomed the gathering. Felicitations were given by Sri Nibu John, District Panchayath member,Sri Sabu Puthuparambil, (Member, Pallom Block Panchayath), Sri Sureshkumar S, Principal, CAS Puthuppally, Sri Atul Anilkumar, Ex-Volunteer Secretary, Sri Dileepkumar K, Staff, CAS Puthuppally.Sri. Akhil P M Volunteer Secretary, expressed the vote of thanks.



At 11:00 AM , Sri Bevin John Varghese , Assistant Development Officer, Suchitwa mission and Sri Arunkumar ,Coordinator ,Suchitwa mission conducted a class on "Suchitwa Campus". Later in the afternoon session, the campers continued their manual work in the campus.



The evening session was a vibrant cultural extravaganza. The volunteers performed amazingly to earn credit to their respective teams.

## 27/12/2017

The day was started with morning yoga and assembly. At 10:00 AM, Assistant Director of "Thanal", an NGO working towards a better environment, conducted

a seminar on plastic-free campus. The session was very informative.



The afternoon session was special with presence of Sri. Suresh Parameswaran, A councilor. He talked about the problems and solutions of adolescents.

In the evening, a flash mob was conducted to to sensitize the youth about the consequences of drug usage. As part of the anti-drug awareness program jointly organized by NSS and excise department, Kerala, "Vimukti Jwala", the liberation flame event was conducted.



The day ended with cultural events and camp review.Sri. Venugopal ,Assisatnt Professor ,CAS Puthupally, was the chief guest of the evening.



### 28/12/2017

The morning session was a new experience for the volunteers.Sri Biju Balakrishnan, Infotainment coach and master trainer,NaITER,Thiruvananthapuram led a class on group dymamics.In the afternoon, the campers visited Bathesda, a special carehome, at Vennimala.It was altogether a different experience for the volunteers.



A session was conducted by Sri Jojosh George, Mindpower trainer about Life Skills.

In the evening, cultural programs were conducted. The volunteers came out with their exceptional talents to make the programme a great success.

The programs of the day ended at 10 P M

#### <u>29/12/2017</u>

Now the final day of the camp.The day started usually with the regular morning chores.The volunteers arranged their luggage and made efforts to clean the campus one final time.The concluding ceremony was presided by Sri.Benny K P, PTA Vice President , CAS Puthupally.Felicitations were given by Sri Sureshkumar S, Sri. Dileepkumar K, Sri Binu Sugathan , Sri Akhil P m. The campers shared their valuble experiences of the camp.The camp concluded with National Anthem.

